



Nutrition Analysis

Organic Nu-FLAC® Tea Cut

Amounts per 100g

BASIC COMPONENTS	AMOUNT
Calories (USA)	12
Calories from Fat (USA)	4
Calories from Carbohydrates (USA)	1
Calories (non-USA)	148
Calories from Fat (non-USA)	4
Calories from Carbohydrates (non-USA)	138
Total Fat	0.4g
Saturated Fat	0.2g
Monounsaturated Fat	0.1g
Polyunsaturated Fat	0.1g
Trans Fat	0g
Cholesterol	0mg
Total Carbohydrate	68.7g
Digestible Carbohydrate	0.2g
Dietary Fiber	68.5g
Soluble Fiber	0.2g
Insoluble Fiber	68.3g
Total Sugars	0.2g
Glucose	< 0.2g
Fructose	< 0.2g
Sucrose	0.2g
Maltose	< 0.2g
Lactose	< 0.2g
Added Sugars	0g
Protein	2.8g
Ash	18.1g
Water	10g

VITAMINS / MINERALS	AMOUNT
Vitamin D	< 0.55mcg
Calcium	57.0mg
Iron	10.3mg
Potassium	535mg
Phosphorus	36.3mg
Sodium	15.5mg
Silica	17.0g

