



Nutrition Analysis

Nu-FILL™

Amounts per 100g

BASIC COMPONENTS	AMOUNT
Calories	215
Total Fat	9.0 g
Saturated Fat	1.6 g
Monounsaturated Fat	3.3 g
Polyunsaturated Fat	2.4 g
<i>Trans Fat</i>	0 g
Cholesterol	0 mg
Total Carbohydrate	65.3 g
Total Dietary Fiber	32.1 g
Soluble Fiber	5.1 g
Insoluble Fiber	27.1 g
Protein	6.3 g
Ash	12.5 g
Water	11 g

VITAMINS / MINERALS	AMOUNT
Vitamin D	0.19 IU
Calcium	21.8 mg
Iron	7.4 mg
Potassium	675.3 mg
Phosphorus	884.3 mg
Sodium	237.7 mg



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